The Methodological Challenges

- Need long term follow-up, both in risk studies and in RCTs.
 - Cost too much. Take too much time.
 - Problems of "sporadic" funding.
- Even when funded, success rate is low.
 - Non-random dropouts, missing data, treatment switches, changing measures, changing research priorities.
- Populations of interest heterogeneous: One size does not fit all!
- Answers gained in research studies not directly relevant to the questions clinicians and policy makers need to address clinical needs.

What we might do differently...?

- Focus on meaningful effect sizes, not on p-values.
- Articulate research questions clinicians/policy makers need answers to.
- Explore for moderators and for mediators
 - Sequential RCTs.
- Use Accelerated Lifetime designs.
- Consequences:
 - Will have greater impact on patient care.
 - Will increase the effect sizes, thus reduce the necessary sample size, thus the cost.
 - Answers would be more swiftly reached.