

Clinical Trial Database Analyses to Inform Regulatory Guidances

Suicidal Ideation and Behavior Assessment

Jean Kim, MD, MA
Medical Officer
Division of Psychiatry Products
Office of New Drugs
Center for Drug Evaluation and Research
Jean.Kim@fda.hhs.gov

Overview

- Rationale for Suicidal Ideation and Behavior (SI/B) Assessment Guidance
- Key Issues to Address in Guidance Update
- SI/B Database Meta-Analysis Project
- Preliminary Recommendations

SI/B Safety Monitoring in Clinical Trials

- DPP issued a 2009 Guidance to Industry (revised 2012) on Assessment of Suicidal Ideation and Behavior (SI/B) in Clinical Trials after Antidepressant Boxed Warning
- SI/B safety monitoring should be done using scale that at least maps to Columbia Classification Algorithm for Suicide Assessment (C-CASA) criteria
- Recommended scale then was C-SSRS

SI/B Safety Monitoring in Clinical Trials

- FDA is in process of revising and updating this guidance (incorporate ISCTM SI/B Workgroup and other suggestions)
- Recommended SI/B monitoring at screening and at all study visits for multiple-dose trials and submission of scale data with any clinical study report
- Alternatives to C-SSRS can be submitted for approval for use as long as scales map to C-CASA

Key Issues for SI/B Guidance Update

- Clarify instances of use/which drugs
- Is C-CASA (or C-SSRS) useful for SI/B prevention?
 - Does it actually increase safety at all?
Or just false positives?
 - How do results relate to AE reporting, and how should they influence AE reporting standards?

SI and SB Relationship

- Suicide remains difficult to prevent or understand on systematic level
- Suicide is heterogeneous
- Screening/monitoring relies heavily on self-report but SI/SB often occurs privately and is not disclosed or minimized
- SI in most cases doesn't necessarily lead to SB but is considered a risk factor in several studies
- SB (especially suicides) are rare in studies
- **Screening will always have major limitations**

SI/B Database Meta-Analysis Project

- Having received C-SSRS data from clinical trials since 2009, can we analyze it for trends to inform our guidance recommendations?
- Focus on antidepressant trials for now:
 - Enriched population for SI/B risk
 - Original source of SI/B assessment concern (with already coded database)
 - Fairly consistent mechanism of action and trial design (slightly varying time periods) and endpoints
- **Is more granular SI detection important for safety (i.e., SB prevention?)**

Database Challenges and Limitations

- HAM-D SI item did not map well to C-CASA
- Different studies used different primary depression scales and pre-2009, C-SSRS was not used
- General variability in studies (population severity, time period, dosing, etc.)
- Our preliminary coded database did not track by visit, only by maximum event severity during study (won't cover SI fluctuations at different timepoints within study)
- C-SSRS events do not always correlate with reported AEs

SI/B Database Meta-Analysis Project

- Compare events for Suicidal Ideation versus Suicidal Behavior detected on scales for any correlative trends
- Compare C-SSRS to single-item questions about suicide from HAM-D and MADRS or AE reporting

SI/B Database Meta-Analysis Project

- Analyze via positive predictive value (PPV) of various scales for SB events using hypothetical screening population rate comparators
- Analyze instrument event detection sensitivity using either internal scale comparison or outside comparator of recorded SI/B Adverse Events
- **Team of Analysts: Daniel Lee MD, Shamir Kalaria PharmD, Eugenio Andraca-Carrera PhD, Mark Levenson PhD, Catherine Hsueh PhD, Marc Stone MD, Kyle Richardville**



FDA Antidepressant Database

Crude total rates of reported SI/B during antidepressant trials was similar between drug and placebo.

Suicidal Ideation and Behavior Tabulation by Percentage (Total Pool)

		C-SSRS / CASA Categories					Total Events (yes/no)			
		Lifetime		Maximum – Study Endpoint		Lifetime		Maximum – Study Endpoint		
Arm	Category	Suicidal Ideation	Suicidal Behavior	Suicidal Ideation	Suicidal Behavior	Suicidal Ideation	Suicidal Behavior	Suicidal Ideation	Suicidal Behavior	
Total Pool	Anti-Depressant	0	61.1	88.5	84.0	99.7	24.2	2.8	11.1	0.4
		1	17.6	0.66	11.2	0				
		2	5.8	1.2	1.8	0				
		3	6.7	0.8	2.1	0				
		4	2.7	8.8	0.6	0.2				
		5	6.0	0.1	0.3	0.1				
	Placebo	0	59.3	88.3	81.2	99.7	25.1	3.0	12.9	0.4
		1	18.3	0.6	12.5	0				
		2	6.4	1.3	2.4	0.1				
		3	6.6	1.1	2.7	0				
		4	3.3	8.7	1.0	0.2				
		5	6.0	0	0.2	0				



PPV Analysis: C-SSRS Screening Utility

Poor PPV rates even with enrichment of comparator population incidence.

A: General Population [Incidence 11.15 per 100,000]			
	Screen +	Screen -	
SIB +	8	23,997	PPV: <1%
SIB -	3	75,992	NPV: 99.99%
B: Depression Trial Population [Incidence 166.67 per 100,000]			
	Screen +	Screen -	
SIB +	117	23,960	PPV: <1%
SIB -	50	75,873	NPV: 99.9%
C: Enriched Trial Population [Incidence 1,000 per 100,000]			
	Screen +	Screen -	
SIB +	700	23,760	PPV: 3%
SIB -	300	75,240	NPV: 99.6%

PPV Analysis: MADRS-SI Screening Utility

A: General Population [Incidence 11.15 per 100,000]			
	Screen +	Screen -	
SIB +	9	23,998	PPV: <1%
SIB -	2	75,991	NPV: 99.99%
B: Depression Trial Population [Incidence 166.67 per 100,000]			
	Screen +	Screen -	
SIB +	142	13,977	PPV: 1%
SIB -	25	85,856	NPV: 99.9%
C: Enriched Trial Population [Incidence 1,000 per 100,000]			
	Screen +	Screen -	
SIB +	850	13,860	PPV: 6%
SIB -	150	85,140	NPV: 99.8%

PPV Analysis: HAM-D-SI Screening Utility

A: General Population [Incidence 11.15 per 100,000]			
	Screen +	Screen -	
SIB +	9	14,998	PPV: <1%
SIB -	2	84,991	NPV: 99.99%
B: Depression Trial Population [Incidence 166.67 per 100,000]			
	Screen +	Screen -	
SIB +	137	16,972	PPV: 1%
SIB -	30	82,861	NPV: 99.9%
C: Enriched Trial Population [Incidence 1,000 per 100,000]			
	Screen +	Screen -	
SIB +	820	16,830	PPV: 5%
SIB -	180	82,170	NPV: 99.8%

Preliminary Results of PPV Analysis

- C-SSRS does not show significantly higher positive predictive value for SB events during antidepressant trials than HAM-D or MADRS-SI in trials using both (*i.e.*, all are nearly equally poor)
- Results affected by extreme rarity of SB events in trials (thankfully): no good scale for SB prediction exists
- Similar trends found in other SI/B meta-analyses in literature

Instrument Sensitivity Analysis

- Internal comparison of C-SSRS SI/B event detection to HAM-D or MADRS-SI in trials using C-SSRS and at least one of the other scales

Population	# of Trials	# of Drug Programs	N
Total Database	228	16	73,606
C-SSRS	26	6	12,301
C-SSRS + HAMD	12	4	5,561
C-SSRS + MADRS	19	4	9,591
C-SSRS + HAMD or MADRS	20	4	10,482
C-SSRS + HAMD + MADRS	11	4	4,670

Analysis and Table by Eugenio Andraca-Carrera PhD, et al, Department of Biostatistics, FDA

Preliminary Results of Instrument Sensitivity Analysis

- HAM-D-SI and MADRS-SI showed poor sensitivity for maximum SB events detected in study by C-SSRS
- HAM-D-SI and MADRS-SI showed higher sensitivity for maximum SI events detected in study by C-SSRS but limited specificity and poor PPV

Trials Using C-SSRS and At Least HAM-D-SI or MADRS-SI	C-SSRS versus HAM-D-SI	C-SSRS versus MADRS-SI	C-SSRS versus HAM-D-SI with Both Studies	C-SSRS versus MADRS-SI with Both Studies
Maximum SI Event Sensitivity	89%	95%	88%	97%
Maximum SI Event Specificity	69%	59%	70%	56%
Maximum SI PPV	41%	33%	43%	36%
Maximum SB Event Sensitivity	5%	1%	5%	2%
Maximum SB Event Specificity	100%	100%	100%	100%
Maximum SB PPV	N/A	N/A	N/A	N/A

Analysis by Eugenio Andraca-Carrera PhD, et al, Department of Biostatistics, FDA

Preliminary Results of Instrument Sensitivity Analysis



- HAM-D-SI and MADRS-SI do not capture SB events in trials to the same degree as C-SSRS; they may capture more SI events than C-SSRS but with poor specificity
- C-SSRS may be more specific overall in detecting SI/B events, and better at detecting drug-related SI/B trends
- Still may not correlate with any predictive value for SB events, in part due to rarity of events
- Pending: Comparative Analysis to SB events reported as AEs as external comparator
- Initial Trend: C-SSRS and all scales detect more SI/B events than AE reporting

Preliminary Considerations and Recommendations

- How to Balance Screenings' Poor Predictive Value with Sensitivity for N-of-1 Situations:
 - **Ethical Dilemma**: Is the goal getting an identified individual to a psychiatric assessment no matter what? Are numerous false positives worth the burden of avoiding any SB event? Or do these numbers indicate that screening type doesn't really matter?
 - Flexibility re: type of SI/B screening used
 - For now, still use C-CASA level screening criteria and still screen at each clinical visit
 - Include any CNS-effect drug

Summary-Future Directions

- AE comparative analysis (threshold for reporting)
- Self-report versus clinician-reported scale results
- Analyze by-visit SI data for any intrastudy trends
- Other drug class (antipsychotics, stimulants) meta-analyses
- Different scale head-to-head comparisons
- **All analyses will be of limited applicability due to SB event rarity**

Summary-Future Directions

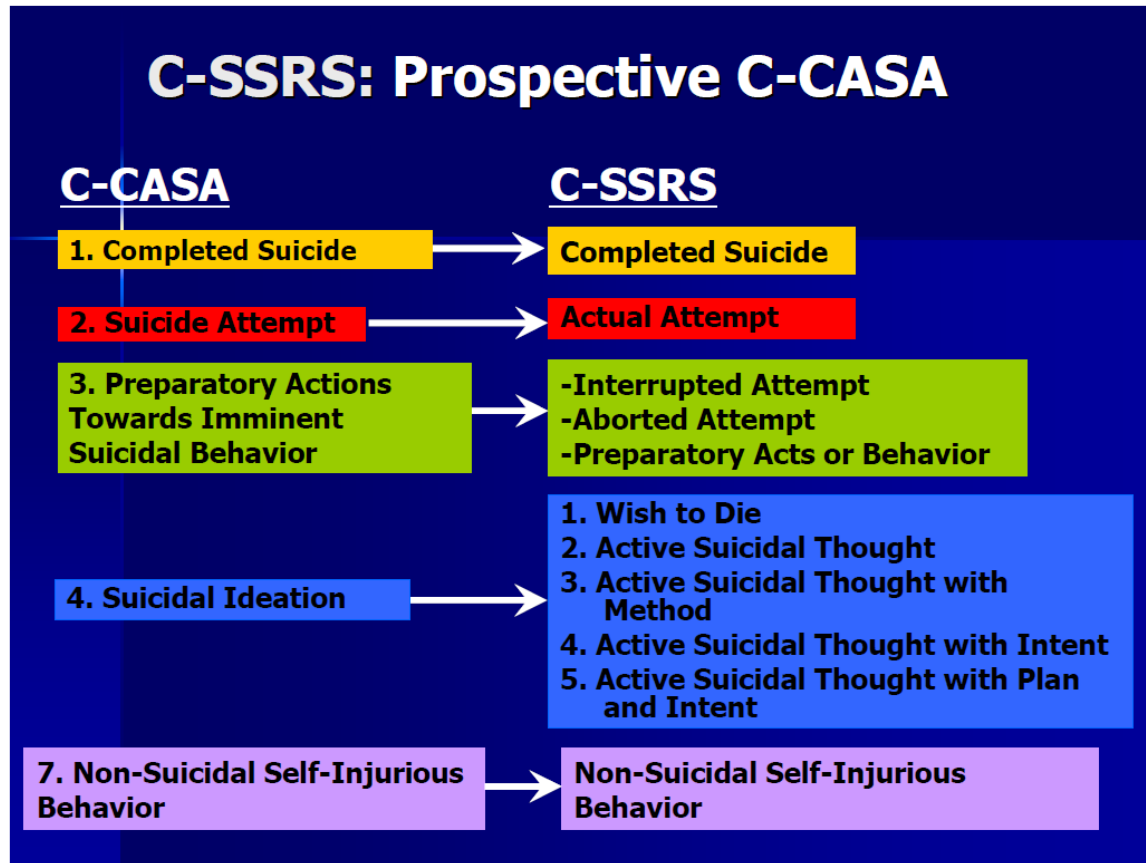
- New considerations with rapid-acting antidepressants and SI/B as both efficacy and safety endpoint (timing of SI/B measures around drug dosing, different scale considerations)
- Updated FDA Guidance expected sometime this year



C-CASA Recoding Scheme

- **New Criteria:**
 - **Suicidal ideation (SI)**
 1. **Passive**
 2. **Active: Nonspecific (no method, intent, or plan)**
 3. **Active: Method, but no intent or plan**
 4. **Active: Method and intent, but no plan**
 5. **Active: Method, intent, and plan**
 - **Suicidal behavior (SB)**
 1. **Preparatory actions towards imminent suicidal behaviors**
 2. **Aborted attempt**
 3. **Interrupted attempt**
 4. **Suicide attempt**
 5. **Completed suicide**
 - **Self-injurious behavior, no suicidal intent**

C-SSRS to C-CASA Coding



SI/B Scale Examples

- **Beck Scale for Suicidal Ideation (BSSI)**
- **Montgomery-Asberg Depression Rating Scale (MADRS)-SI**
- **Scale for Suicidal Ideation (SSI)**
- **Hamilton Rating Scale for Depression (HAMD)-SI**
- **Beck Depression Inventory (BDI)-SI**
- **Quick Inventory of Depressive Symptomatology (QIDS)-SI**
- **Sheehan Suicidality Tracking Scale (S-STIS)**
- **Columbia-Suicide Severity Rating Scale (C-SSRS)**
- **InterSePT Scale for Suicidal Thinking (ISST)**
- **Suicide Ideation and Behavior Assessment Tool (SIBAT)**
- **Clinical Global Impression of Severity of Suicidality Scale (CGI-SS)**

HAM-D-SI and MADRS-SI

- **HAM-D-17/21:**
 - Question 3: Suicide
 - 0=Absent
 - 1=Feels life is not worth living
 - 2=Wishes he/she were dead
 - 3=Suicidal ideas or gestures (*Codes to multiple C-CASA categories*)
 - 4=Attempts at suicide

- **HAM-D-24:**
 - Question 3: Suicidal Thoughts
 - 0=Absent
 - 1=Life is not worthwhile but no wish to die
 - 2=Wishes to die (e.g., not waking up next morning) but no plans to take life
 - 3=Vague but still active plans to take own life
 - 4=Has certain plans to take own life

- **MADRS:**
 - Question 10: Suicidal Thoughts
 - 0=Enjoys life or takes it as it comes
 - 2=Weary of life. Only fleeting suicidal thoughts.
 - 4=Probably better off dead. Suicidal thoughts are common, and suicide is considered a possible solution, but without specific plans or intent
 - 6=Explicit plans for suicide when there is an opportunity. Active preparations for suicide.

Other SI/B Drug Endpoint Data

- **Clozapine** - 2-year International Suicide Prevention Trial (Meltzer et al, 2003). However, drug is administered daily and long-term unlike ketamine.
- **Lithium** has had several meta-analyses showing likely reduced risk of suicide, particularly in depressed patients. (Cipriani et al, BMJ 2013)
- **Antidepressant** meta-analyses have shown equivocal data, with possible increase in SB in children/young people up to age 25 (leading to FDA boxed warning) but reduction in adults and the elderly. (Stone et al, BMJ 2009)