

Maarten J Postma

Prof Health Economics/Pharmacoeconomics

Universities of Groningen (Netherlands) & Surabaya (Indonesia)

Past member of ZIN, Health Council; present member JCVI & WHO-committees

Receives(d) grants and honoraria from various pharmaceutical companies, inclusive those developing, producing and marketing ADDs

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- Obviously, payors look at economics
 - Cost/QALY or LY
 - Budget impact
- Often, different interpretation/preference of/in outcomes
 - Hard endpoints (HB₁AC vs hypos or CV-events)
 - 2nd endpoint can sometimes be preferred over primary
 - Subanalyses required/preferred
- Precise alignment of claim and trial
 - Line of treatment
 - Patient inclusion
- Discussion on comparator
 - Placebo often not considered adequate
 - Related to line of treatment and clinical guidelines

- Ideally a trial would be large
 - To measure differences in early suicides
 - Or a reduction being measured in an intermediate variable with a strong relation
- Obviously, in economics modelling is accepted
 - From biomarkers to hard endpoint
 - From trial period to lifetime
 - Room for creativity / various ways: implicitly, explicitly...
- Real-world evidence is accepted
 - Trials remain core
 - Additionally/to confirm, e.g., in conditional reimbursement
- Two examples
 - ICER and self-help
 - Types of models, outcomes, cost-effectiveness...



**Esketamine for the Treatment of
Treatment-Resistant Depression:
Effectiveness and Value**

Final Evidence Report

June 20, 2019

Prepared for



Table 4.11. Base-Case Results Comparing Esketamine to No Additional Treatment in Patients with TRD

Treatment Pathways	Drug Cost	Total Cost	QALYs	LYs	Depression-Free Days
Esketamine plus Background Antidepressant	\$42,600	\$448,600	12.66	20.66	235 (two years) 373 (lifetime)
Background Antidepressant	\$0	\$410,200	12.47	20.64	117 (two years) 123 (lifetime)
Difference	\$42,600	\$38,400	0.19	0.01	117 (two years) 250 (lifetime)

QALY: quality-adjusted life year, LY: life year

Table 4.12. Incremental Cost-Effectiveness Ratios for the Base-Case Analysis

Treatment Pathways	Cost Per QALY Gained	Cost Per LY Gained	Cost Per Depression-Free Day
Esketamine plus Background Antidepressant vs. Background Antidepressant	\$198,000	\$2,592,000	\$330 (two years) \$150 (lifetime)

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Table 4.6. Mortality Inputs

Parameter	Value	Source
Annual All-Cause Mortality	Varies by age and gender	USA Human Mortality Database ¹⁰²
Male, 46 Years Old (33% of patients)	0.35%	
Female, 46 Years Old (67% of patients)	0.22%	
Weighted Average, 46 Years Old	0.27%	
Adjusted Excess Mortality Rate Ratios for Patients with TRD		Ruetfors 2018 ⁴⁵
Age		
18-29 Years	2.20	
30-49 Years	1.62	
50-69 Years	1.25	

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JOURNAL OF MEDICAL INTERNET RESEARCH

van Spijker et al

Original Paper

Reducing Suicidal Ideation: Cost-Effectiveness Analysis of a Randomized Controlled Trial of Unguided Web-Based Self-help

Bregje A.J van Spijker¹, PhD; M. Cristina Majo², PhD; Filip Smit^{2,3}, PhD; Annemieke van Straten¹, PhD; Ad J.F.M Kerkhof¹, PhD

¹Department of Clinical Psychology and the EMGO+ Institute for Health and Care Research, Faculty of Psychology and Education, VU University Amsterdam, Amsterdam, Netherlands

²Trimbos Institute, Netherlands Institute of Mental Health and Addiction, Utrecht, Netherlands

³Department of Epidemiology and Biostatistics, EMGO+ Institute for Health and Care Research, VU University Medical Centre, Amsterdam, Netherlands

Table 5. Sensitivity analysis of the incremental cost-effectiveness for different scenarios.

Sensitivity analysis	Standard self-help intervention	Scenario		
		A ^a	B ^b	C ^c
Cost, € ^d	−5039	−4900	−4746	−4592
Effect	0.15	0.15	0.15	0.15
incremental cost-effectiveness ratio, median € ^e	−33,593	−32,342	−32,708	−31,647
Distribution on the cost-effectiveness plane				
1 st quadrant (northeast)	0.06	0.06	0.06	0.08
2 nd quadrant (inferior: northwest)	0.00	0.00	0.00	0.00
3 rd quadrant (southwest)	0.02	0.01	0.02	0.01
4 th quadrant (dominant: southeast)	0.91	0.92	0.90	0.89
Willingness to pay ceiling, %				
€0	93	93	93	93
€10,000	90	90	91	88
€20,000	96	95	96	94
€30,000	98	99	99	99

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- Strong preference for hard endpoints
 - Suicide over suicidal ideation
 - QALYs using/related to EQ-5D 3L/5L
- Modelling can help
 - Be as explicit as possible
 - Should build on the evidence / claims for the product
 - Have the economic model 100% aligned with the clinical value dossier
- Additional questions
 - What is the adequate comparator?
 - Long-term considerations
- Solutions
 - Managed Entry Agreements (registry, conditional reimbursement, no-cure/no-pay)
 - Minimizing budget impact (limiting patient population in size and/or over time)