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Title:

“Anti-Epileptic Drugs (AEDs) Reduce the *Upper* Photosensitivity Threshold-Limit More Than the Lower Threshold in the ‘Photosensitivity Model of Epilepsy’.”

The Methodological Question Being Addressed

Can the procedure for testing AED efficacy via the ‘*Photosensitivity Model* for AED Effect in Epilepsy’ be truncated without jeopardizing data integrity by only testing the *upper* photosensitivity EEG threshold in each epilepsy patient-volunteer?

Introduction (Aims)

The electro-encephalographic (EEG) ‘Photosensitivity Model’ (Kasteleijn-Nolst-Trenité...Reed, *Epilepsy Research* 2017) has been successfully employed as a proof-of-principle, Phase-2a paradigm for detecting potential new AED efficacy. This ‘Photosensitivity Model’ traditionally tests *intra*-patient diminution in a patient’s photosensitivity-Photo-Paroxysmal Response (PPR, a *biomarker of epileptic activity*) range on EEG. This range is measured (from high point=60 Hertz [Hz], to low=2 Hz) on placebo day=no AED being administered and subsequently, another day post-AED intake. Three separate eye conditions (eyes open, during closure, eyes closed) at each designated time-epoch are studied, 2-60Hz. AED efficacy means substantially diminished/abolished photosensitive range. The standard EEG ‘Model’ utilized requires specialized neurologist expertise, is labor-intensive and places the patient at convulsive risk. We sought to determine if a difference exists for the upper vs. lower photosensitivity response when testing AEDs overall.

Methods

PPRs of n=236 regular photosensitive patients (unpublished data, 163F; 69%), mean age=20±10yr (7-60yrs) were analyzed. In all patients, standardized photic stimulation, 2-60 Hz, using a Grass PS-33plus had been performed with determination of upper/lower sensitivity ranges in 3 eye conditions. Our visual inspection of all individual photosensitivity cases treated with any AED (n=236 patients on AEDs, [unpublished data, DKNT]) revealed that:

- i. The ‘eye closure condition’ seemed to have the greatest sensitivity and change in PPR;
- ii. AED treatment (n=152 patients on AEDs vs. placebo) produced a lowering of the *upper* photosensitivity limit, whereas the lower limit moved upwards marginally.

The PPRs for patients with vs. without AEDs were compared (t-test; Mann-Whitney; ANOVA regression analysis).

Results

Of 236 patients with a PPR, 233 had a PPR on eye-closure, 206 with eyes-closed, 149 with eyes-open. Most patients were on stable AEDs (n=152,64%) and monotherapy (n=104,44%; mostly with VPA). Some patients (n=48,20%) took 2-4 AEDs (polytherapy). The upper sensitivity limit decreased with AED(s) treatment versus each individual’s baseline (for eye closure, $p = 0.002$; eyes closed, $p = 0.008$ and eyes open, $p = 0.04$). The lower threshold

changed minimally with AED treatment ($p=NS$). Similar decreases in the upper threshold were seen for all AEDs.

Advantages to determination of the upper threshold or limit alone (during eye closure) in this adapted 'Model' procedure include:

- i. total IPS number is reduced by half, potentially reducing costs;
- ii. potentially increased patient safety from limiting provocative photic stimuli;
- iii. the procedure becomes more "nimble", allowing frequent serial measurements in a short period of time.

Conclusions

In the '*Photosensitivity Model for AED Effect in Epilepsy*', AED treatment (mono- or polytherapy) of photosensitive epilepsy patients statistically and substantially lowered the upper sensitivity/threshold Hz limit compared to each patient's pre-treatment baseline. Reductions in EEG upper Hz threshold were seen in all eye conditions (eyes open, during eye closure and with eyes closed). The '*Photosensitivity Model*' procedure can be truncated, if needed.

Disclosures:

The authors have nothing to disclose; no funding was received for this data mining project.