



Anita Clayton

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Bio:

Anita H. Clayton, MD is the Wilford W. Spradlin Professor and Chair of Psychiatry & Neurobehavioral Sciences and Professor of Clinical Obstetrics & Gynecology at the University of Virginia. She has published over 215 peer-reviewed papers.

She has focused her clinical practice and research on:

- major depressive disorder - Principal Investigator for essentially all the new antidepressants since 1991
- mood disorders associated with reproductive-life events in women (reproductive psychiatry) - diagnosis and treatment
- sexual dysfunction (SD) and other adverse effects of psychiatric/medical illness and substances/medications, and algorithmic management of SD
- sexual disorders – nomenclature/classification; validated measures of SD including the Changes in Sexual Functioning Questionnaire (CSFQ), the Sexual Interest and Desire Inventory-Female (SIDI-F), and the Decreased Sexual Desire Screener (DSDS)

She has served on the BOD for the American Society for Clinical Psychopharmacology (ASCP), as Program Committee Co-Chair x 2 years, and began her 6-year term as President Elect/President/Past President in 2023.

Dr. Clayton co-edited Women's Mental Health: A Comprehensive Textbook, and authored Satisfaction: Women, Sex, and the Quest for Intimacy for the general public. She is an international leader in Female Sexual Dysfunction; as Past President of the International Society for the Study of Women's Sexual Health (ISSWSH); Vice-Chair for Women's Sexual Health for the 3rd and 4th International Consultation on Sexual Medicine (ICSM) and currently Co-Chair of Committee on Psychiatric Disorders, Psychopharmacology and Sexual Dysfunction; WHO advisory committee on the ICD-11 chapter, Conditions Related to Sexual Health; and Scientific Program Committee for the International Society for Sexual Medicine (ISSM) - 4 meetings. She is a Distinguished Life Fellow in APA and ISSWSH Fellow.