

**THE 2011 ISCTM NATIONAL MENTAL
HEALTH RESEARCH-TO-POLICY
FORUM:**

Impact of National Health Reform and
Shifting National Priorities
on Mental Health Research-to-Policy-to-
Implementation

Research:
A Matter of Mission
(One Federal
Agency's Story)

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RESEARCH IN SAMHSA

- ▶ What is SAMHSA's mission and is research an aligned activity?
- ▶ The OMB story -- KDKA
- ▶ Services Research vs. Services/Program Evaluation (NIMH or SAMHSA?)
- ▶ SAMHSA as a "Services Administration" within DHHS

What is within SAMHSA's Mission and Scope?

- ▶ National Outcomes Measures (NOMS)
- ▶ Services / Program Evaluation
- ▶ Comparative Effectiveness

The Concept of Recovery and Mental Health

- ▶ SAMHSA convened a national summit in December 2004 with 110 expert panelists
- ▶ Issued *National Consensus Statement on Mental Health Recovery*

“Mental health recovery is a journey of healing and transformation enabling a person with a mental health problem to live a meaningful life in a community of his or her choice while striving to achieve his or her full potential.”

Source: <http://www.samhsa.gov>

The Concept of Recovery and Mental Health

National summit also issued...

The 10 Fundamental Components of Recovery

- Self-Direction
- Individualized and Person-Centered
- Empowerment
- Holistic
- Non-Linear
- Strengths-Based
- Peer Support
- Respect
- Responsibility
- Hope

Source: <http://www.samhsa.gov>

Recovery is an individualized journey.

Recovery is a process and an outcome.

Recovery is
managing one's illness =
managing one's life.

Recovery

Recovery

Recovery

*Recovery = A life in
the community.*

The new framing for
public policy and
finance.

Recovery

SAMHSA Priorities: Programs & Principles Matrix

Cross-Cutting Principles

Science to Services/
Evidence-Based Practices

Data for Performance
Measurement &
Management

Collaboration with Public,
Private & International
Partners

Reducing Stigma &
Discrimination & Other
Barriers to Services

Cultural Competency/
Eliminating Disparities

Community & Faith-Based
Approaches

Trauma & Violence (e.g.
Physical & Sexual Abuse)

Financing Strategies &
Cost-Effectiveness

Rural & Other Specific
Settings

Disaster Readiness &
Response

Programs/Issues

Co-Occurring Disorders

Substance Abuse Treatment
Capacity

Seclusion & Restraint

Strategic Prevention Framework

Children & Families

Mental Health System
Transformation

Homelessness

Older Adults

HIV/AIDS & Hepatitis

Criminal & Juvenile Justice

Workforce Development

Suicide Prevention

**A Life
In The
Community
For
Everyone**

**Building
Resilience &
Facilitating
Recovery**

How Recovery Impacts Outcome Measures

- ▶ Consumers define their own recovery journey in terms of the pursuit of goals, a decent place to live and connectedness to others.
- ▶ If central to the concept of recovery is realizing certain goals to be a full participant in the community, then those goals should be the basis of outcome measures.

How Recovery Impacts Outcome Measures

SAMHSA National Outcomes Measures (NOMS)

- Reduced Morbidity
- Employment/Education
- Crime and Criminal Justice
- Stability in Housing
- Social Connectedness
- Access/Capacity
- Retention
- Perception of Care
- Cost Effectiveness
- Use of Evidence-Based Practices

Source: <http://www.samhsa.gov>