

# **Grading the States 2009**

## **A Report on America's Health Care System for Adults with Serious Mental Illness**

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# **NAMI's History of Assessing State Systems**

1986, 1988, 1990 editions of  
**Care of the Seriously Mentally Ill:  
A Rating of State Programs**

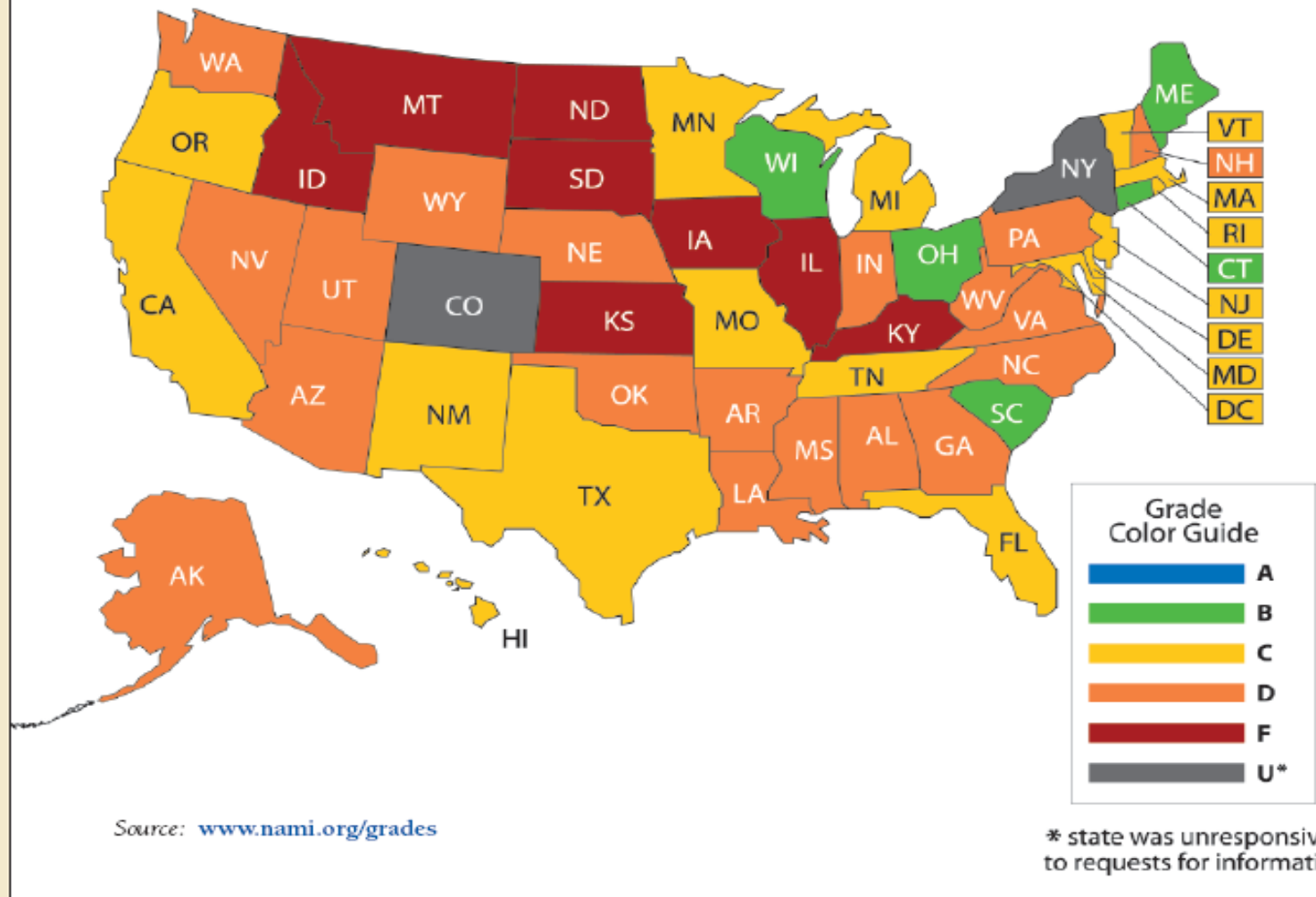
... and in 2006,  
**Grading the States**

# Grading the States 2006

## Purpose

- Increase transparency/accountability
- Educate the public and support learning across states
- Move the “transformation agenda” from rhetoric to reality
- Support state-specific action agendas
- Create a baseline for future performance measures
- Put consumers/families at the heart of reform efforts

## GRADING THE STATES REPORT - 2006



# Grading the States **2009**

## Additional Goals

- Nation's performance in 2009 vs. 2006
  - Has the nation's D grade improved?
- States' performance in 2009 vs. 2006
- Provide NAMI members and others with up-to-date information, advocacy, and communications tools

# Grading the States 2009

## Data Needs

A streamlined set of consumer-level outcome measures that reflect the well-being of individuals living with serious mental illness

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## Data Needs

“... a set of mental health/substance use “vital signs”: a brief set of indicators—measurable at the patient level and suitable for screening and early identification of problems and illnesses and for repeated administration during and following treatment—to monitor symptoms and functional status. The indicators should be accompanied by a specified standardized approach for routine collection and reporting as part of regular health care. Instruments should be age- and culture-appropriate.” (IOM 2006, p.15)

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## Actual Data Sources

- Survey of State Mental Health Authorities (SMHAs)
- Review of materials provided by SMHAs
- State level estimates of adults with SMI
- Workforce shortage measures (Sheps Center)
- Inpatient psychiatric beds (AHA)
- NAMI's "Consumer & Test Drive"
- Qualitative data from nationwide web-based survey of consumers/family members

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## Measures

- Health Promotion and Management
- Financing and Core Treatment/Recovery Services
- Consumer and Family Empowerment
- Community Integration and Social Inclusion

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## Some Final Observations on Research/Data Needs

- IOM's "vital signs"
- "Recipes" that can guide our use of an evolving EBP "ingredient" list
- Estimates of the true costs of treating mental illness
- Estimates of the costs of developing an adequate workforce
- Small-area epidemiological studies